



Empowering individuals with developmental disabilities  
to connect with their community.

105 W. Broad St., Suite 200  
Tamaqua, PA 18252

(570)225-7360

**TO: All Prospective and Current C.A.R.E.S. Employees**

**RE: Medical Examinations**

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All new employees are required to have a physical examination after being offered a position with CARES. New employees may not attend orientation until we receive the results of their physical examinations and Mantoux tests. Physical examination results will be kept confidential.

Physical examinations must include:

1. General physical examination
2. Mantoux test
3. Clearance to perform the essential functions of the job as indicated in the job description;
4. Statement indicating the patient is free from communicable diseases or is aware of the precautions necessary to protect others
5. Signature of Physician

Subsequent physical examinations and Mantoux tests are required in accordance with your program's policy and licensing regulations.

Chest x-rays are ordered as a result of a reaction to a Mantoux test. *No additional testing is required by CARES.* Except for random drug screens as assigned, any other testing performed will be at your expense and will not be reimbursed.

Please contact Human Resources at 570-225-7360 if you have any questions.



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## Employee Physical Evaluation Report

### Employee Information *(to be completed by employee)*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

In case of emergency notify – Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Personal physician – Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

### Clinical Impressions/Work Restrictions *(to be completed by physician)*

☞ As far as can be determined from this examination, is the patient able to perform the job duties as described?  
\_\_\_\_\_ Yes \_\_\_\_\_ No

☞ As far as can be determined from this examination, is the patient free and clear of all communicable diseases and/or medical problems which might interfere with the health, safety, or well-being of other individuals?  
\_\_\_\_\_ Yes \_\_\_\_\_ No

If no, what precautions need to be taken or what other information is necessary to ensure the health/safety of other individuals?  
\_\_\_\_\_  
\_\_\_\_\_

### Laboratory Work Ordered:

Mantoux test location: \_\_\_\_\_ Mantoux test results: \_\_\_\_\_

Date applied: \_\_\_\_\_ Date read: \_\_\_\_\_

\_\_\_\_\_  
Signature of Physician, Certified Nurse  
Practitioner or Registered Assistant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print or Stamp Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

Please return to

**CARES**

105 W. Broad

Suite 200

Tamaqua PA 18252

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**C.A.R.E.S.**

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## Employee Physical Evaluation

**Please complete and submit this section to your physician.**

### Health History *(to be completed by employee)*

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Allergies/Contraindicated Medications: \_\_\_\_\_

Current Medications: \_\_\_\_\_

### Immunizations

| Type       | Yes | No | Type    | Yes | No | Type      | Yes | No |
|------------|-----|----|---------|-----|----|-----------|-----|----|
| Flu        |     |    | Measles |     |    | Polio     |     |    |
| Tetanus    |     |    | Mumps   |     |    | Hepatitis |     |    |
| Diphtheria |     |    | Rubella |     |    | Other     |     |    |

Health over the last year: \_\_\_\_\_

Chronic Conditions/Present Illnesses: \_\_\_\_\_

Please check any symptoms or conditions that you have experienced:

|                 |        |              |           |             |
|-----------------|--------|--------------|-----------|-------------|
| Seizures        | Chorea | Hypertension | Diabetes  | Stroke      |
| Rheumatic Fever | Cancer | Drug Allergy | Asthma    | Back Injury |
| Hepatitis       | Mumps  | Tonsillitis  | Typhoid   | Meningitis  |
| Diphtheria      | TB     | Measles      | Pneumonia | Other       |

Please describe any checked items: \_\_\_\_\_

Previous surgery or hospitalizations/other conditions: \_\_\_\_\_

Have you filed or been treated for a work-related injury with any past employer? \_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, please list all injuries, dates, employers: \_\_\_\_\_

**Patient Authorization/Certification**

I, the undersigned, do hereby certify that the information provided on this form is true to the best of my knowledge and understand that any falsification, misrepresentation or omission, concerning permission for the results of my medical examination and for the personal medical history, including but not limited to any and all information related to drug/alcohol use, abuse and or treatment and/or mental health diagnosis and or treatments that I have completed, to be transmitted to the relevant personnel.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**Clinical Evaluation** *(to be completed by physician)*

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Please check each item:

| Area         | Normal | Abnormal | Describe Abnormal Findings |
|--------------|--------|----------|----------------------------|
| Head/Neck    |        |          |                            |
| Eyes         |        |          |                            |
| Ears         |        |          |                            |
| Nose         |        |          |                            |
| Mouth        |        |          |                            |
| Throat       |        |          |                            |
| Teeth        |        |          |                            |
| Chest/Lungs  |        |          |                            |
| Breasts      |        |          |                            |
| Heart        |        |          |                            |
| Abdomen      |        |          |                            |
| Hernia       |        |          |                            |
| Arms         |        |          |                            |
| Hands        |        |          |                            |
| Legs         |        |          |                            |
| Feet         |        |          |                            |
| Spine        |        |          |                            |
| Skin         |        |          |                            |
| Lymph Nodes  |        |          |                            |
| Neurological |        |          |                            |

Notes: \_\_\_\_\_

\_\_\_\_\_  
Signature of Examining Physician

\_\_\_\_\_  
Physical Date

**Please retain clinical evaluation in patient chart. Return to employee/employer.**