

## C.A.R.E.S. Lifesharing & Respite Program:

**Lifesharing** enables individuals with developmental disabilities to live in a family home environment and share life experiences with supportive persons, to whom they are not related. Through this arrangement, individuals with developmental disabilities become active, participating members of another family.

We work diligently to find just the right person or family with whom to share such a program. We'll match family talents and skills with communities and persons who will help individuals develop their areas of interest while addressing their needs and desires. This allows us to focus on planning a living arrangement that is mutually satisfying and rewarding.

C.A.R.E.S. provides licensed services through the Department of Public Welfare as well as unlicensed services for individuals who are independent and require minimal supports.

We encourage long-term relationships and stress the importance of natural supports, individuality, respect, choice with positive approaches and community integration.

*Lifesharing is not just a program, it is a movement!*

### Lifesharing Family Providers Needed:

*Tax-free stipends starting at \$1,600 per month per client.*

*Call 570-225-7360 for an application.*

*Training and 24 hour on call support services and respite provided.*



C.A.R.E.S.

is an organization providing person-centered services to individuals with developmental disabilities and behavioral health

challenges. We specialize in connecting our self-advocates with opportunities to be family focused, self-determined, individualized, person centered, and strength based. We optimize their opportunities for job training, employment, growth, independence, involvement in the community, vacation services, and recreational activities, providing long-term support to families in a residential setting.

**AT C.A.R.E.S.,  
THE PARTICIPANTS ARE  
THE VIPS**

**The Mission of C.A.R.E.S.** is to provide high quality services and supports that maximize each individual's potential, opportunities, relationships, community involvement, and health and wellness.

**Our vision** is to create community-based services empowering individuals by creating an environment where the individuals' rights and culture are recognized and respected with services that are self-determined, person centered and family focused.

[www.Cares4u.org](http://www.Cares4u.org)



Community And Residential Empowerment Services

*EMPOWERING INDIVIDUALS WITH  
DEVELOPMENTAL DISABILITIES TO  
CONNECT WITH THEIR COMMUNITY*



CARES Community And Residential Empowerment Services

[www.Cares4u.org](http://www.Cares4u.org)

**Central Office**  
216 S. McAllister St.  
Bellefonte, PA 16823  
570-225-5514

**Northeastern Office**  
139 W. Broad St.  
Tamaqua, PA 18252  
570-225-7360

**Western Office**  
225 Crowe Ave.  
P.O. Box 278  
Mars, PA 16046  
724-687-7880



## C.A.R.E.S. Day Program:

The **C.A.R.E.S. Day Program** is a unique community-based program where volunteerism and outreach work is the center of social skills building.

### Proudly serving individuals in the following counties :

Allegheny ♦ Beaver ♦ Berks  
Blair ♦ Butler ♦ Carbon ♦ Centre  
Huntingdon ♦ Lebanon ♦ Lehigh ♦ Luzerne  
Monroe ♦ Northampton ♦ Pike ♦ Schuylkill

**C.A.R.E.S. Day Programs** are designed to assist self-advocates seek employment in the community and prepare for their future needs. To achieve this goal C.A.R.E.S. programming incorporates the following types of activities at no additional fees to the participants:

- ♦ **Volunteerism-** participants volunteer in their local community for non-profits such as historical societies, food banks, animal shelters and delivering meals. Through these opportunities participants gain a sense of accomplishment and learn valuable life skills. Individuals enjoy contributing to their community and having the opportunity to assist those who are less fortunate.
- ♦ **Pre-vocational-** activities include participating in the planning of meals, recycling, enhancing life skills, social skills, decision making coping skills, vocational skills and computer skills, along with health and wellness trainings.
- ♦ **Recreational and educational-** activities include nature centers, amusement parks, bowling, art programs, state parks, zoos, farmers' markets, cultural diversity training, and health & wellness training.

*- We believe in holistic approaches to help the entire person.*

## C.A.R.E.S. Community Day Program

- ♥ **8:00AM – 9:00AM:** Transportation provided by C.A.R.E.S. staff in agency vehicles avoiding the need for public transportation.
- ♥ **9:00AM – 3:00PM:** Programming that includes pre-vocational, educational and recreational activities. Many activities are offered and determined based on the interests and choice of the participants, their ISPs and availability.
- ♥ **3:00PM – 4:00PM:** Transportation provided by C.A.R.E.S. staff in agency vehicles avoiding the need for public transportation.
- ♥ **FRIDAY:** Individuals menu plan, shop and prepare a meal as part of their life skills development.



*Volunteering at local neighborhood non-profit businesses helps build relationships and connections within the community to ensure that the planned activities are facilitating the self-advocates' interpersonal growth and vocational skills.*

## C.A.R.E.S. Chaperoned Vacations:

**C.A.R.E.S. chaperoned vacations** provide an opportunity for participants to travel and be exposed to new and exciting experiences. All trips are all inclusive and travelers do not need to bring additional funds.

*C.A.R.E.S. vacations promote personal growth, socialization and independence.*



### Past trips have included:

- ♦ **Disney World**, where travelers attended Mickey's Not So Scary Halloween Party, a Luau with Mickey and Friends and visited all four Disney parks.
- ♦ **Country Music Vacation to Tennessee**, where travelers had front row seats at the Grand Ole Opry, visited Graceland and ate at Dolly Parton's Dixie Stampede.

**CHAPERONED VACATIONS  
ARE OPEN TO ALL ADULTS**  
*(not just C.A.R.E.S. participants)*